



## COVID-19 Fall 2021 Recommended Procedures

September 1, 2021

Radcliff Youth Soccer remains dedicated to protecting the health of all people in and outside of our community. In an effort to assist players, coaches, parents, officials and administrators participating in soccer activities taking place during the “new normal” Radcliff Youth Soccer has put together recommended procedures for members and affiliates to use.

*Given the current trajectory of the pandemic, these guidelines are subject to change from time to time based on updates to the CDC and Commonwealth of Kentucky Department of Public Health guidelines. Local municipalities may have additional guidelines in place that will need to be followed.*

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### **General Safety Standards and Best Practices**

Facility operators, activity organizers, coaches, players, and parents should continue to implement and follow safety standards to minimize the risk of transmitting COVID-19 among all members of the soccer community. While sector specific guidance has been removed, the COVID-19 virus is still with us and we should continue to follow basic safety standards. Some of the mitigation strategies that are recommended include:

- Relevant public health guidelines - including CDC - should be adhered to when attending all soccer activities.
- All waste should be placed by the respective player, coach, or spectator in the trash receptacle. Nothing should be picked up by anybody other than the originator of the waste.
- Participants and spectators should only drink from their own container.

### **COACHES & ADMINISTRATORS**

- All coaches and other administrators interacting with players are recommended to wear face coverings for all soccer activities.
- Maintain social distancing.
- Do not allow shared team snacks.
- No group celebrations, hugs, handshakes, fist bumps etc.

## **PLAYERS**

- Currently, players are not required to wear face coverings for all outdoor soccer activities. Face coverings may be worn at the discretion of the adult (18 and 19 years old) player or the minor (17 years old and younger) player's parent/guardian.
- Players should maintain social distancing when not actively playing and while on the sidelines.
- CDC recommendations regarding vaccinations and protection should be followed for non-outdoor soccer activities.
- Players should arrive dressed for soccer activities and leave immediately after.
- Players should have all of their personal equipment (ball, water bottle, GK gloves, etc.)
- Players should keep their personal belongings in their personal space. Sharing of personal equipment (e.g., shin guards, GK gloves and uniforms) is not permitted.
- Players may be assigned a pinnie for use during practices or games. Pinnies should not be shared and properly washed/sanitized after every use.
- Players should practice proper hygiene during soccer activities. Use alcohol based hand sanitizer (at least 60% alcohol). Cover coughs and sneezes with tissues or sleeves, do not use hands. Do not touch your face (eyes, nose and mouth) with unwashed hands.
- Carpooling should be avoided. In the event that transportation of a non-family member becomes necessary, all parties in the vehicle should wear a face covering and have external air circulation in the vehicle (open window).

## **SPECTATORS**

- CDC/Public Health recommendations for vaccinated and unvaccinated spectators should be followed.
- Masks are recommended to be worn per the [CDC Mask recommendations](#)
- Spectators should allow for at least six feet of social distancing between family units when entering, sitting, and leaving.

## **REFEREES**

- Referees are not required to wear face coverings for all outdoor soccer activities. Face coverings may be worn at the discretion of the adult (18 years and older) referee or the minor (17 years old and younger) referee's parent/guardian.
- While traditional whistles are allowed, electronic whistles are preferred and recommended.
- Physical distance should be maintained whenever possible, especially when using a traditional whistle.

## **HEALTH ASSESSMENT**

All participants (players, coaches, spectators and staff) should ensure that they complete a health assessment prior to participating in any soccer activities. This health assessment should consist of the following:

- Ensure the participants health. Take one's temperature daily. The average normal body temperature is 98.6°F (37°C). Some studies have shown that the "normal" body temperature can have a wider range, from 97°F (36.1°C) to 99°F (37.2°C). A temperature over 100.4°F (38°C) most often means you have a fever caused by an infection or illness.
- If there are any symptoms, even mild ones, do not attend practice or a game. Public health urges you to stay home and isolate until:
  - >You have had no fever for at least 72 hours (without the use of medicine), AND
  - >Other symptoms (cough, shortness of breath) have improved, AND
  - >At least 7 days have passed since your symptoms first appeared.

If you are unvaccinated and anyone in your household or that you have had close contact with (within six feet for approximately 15 minutes over a 24 hour period) displays symptoms, you should self-quarantine based on current [CDC guidelines](#) and direction from your local health department. Notify your soccer organization immediately if your child has become sick. RYSA members email [info@radcliffyouthsoccer.org](mailto:info@radcliffyouthsoccer.org)

## TENTS

- Team tent guidelines:
  - > Players only may congregate under the tent, while maintaining social distancing.
  - > No adults under the tent with the players.
  - > All team sideline tents must be at least 5 yards away from the field touchline during games.
  - > No side panels are to be used, leaving all four sides open.
  - > All tents must be erected based on the manufacturer's instructions with no alterations; must be secured with sandbags or other methods to prevent it from moving from any conditions (e.g., wind).
- Family tent guidelines:
  - > Only immediate family members may congregate under the tent, while maintaining social distancing.
  - > All spectator tents must be at least 10 yards away from the field touchline
  - > No side panels are to be used, leaving all four sides open.
  - > All tents must be erected based on the manufacturer's instructions with no alterations; must be secured with sandbags or other methods to prevent it from moving from any conditions (e.g. wind).

## Youth Directors

If a player or coach is contact traced and identified as a close contact in a setting other than a soccer related event, this should be reported and documented. The player/coach is to follow the quarantine process provided to them by the local health department. A player/coach can return to soccer activities on the return date issued by the local health department. If the date is provided, a player should return to soccer on the same day they can return to school and under the same guidelines. The remainder of the team can continue to practice as normal.

If at any time during their quarantine period, any member of the team (including coach or staff) tests positive for COVID-19, the Safety officer should be notified. Timelines will be reported and discussed by the Safety Officer with the DPH at that time. Notification of the team and any opposing team will be based on recommendations by the local health department in accordance with current [CDC](#)

recommendations. If the team is asked to quarantine, report to [info@radcliffyouthsoccer.org](mailto:info@radcliffyouthsoccer.org). Radcliff Youth Soccer should be notified of all positive cases.

Member organizations should be prepared to shut down and stop operations if instructed to do so by the local Board of Health. Develop plans for temporary closure of facilities (indoor, outdoor) to properly disinfect and ensure other adult leaders are not infected